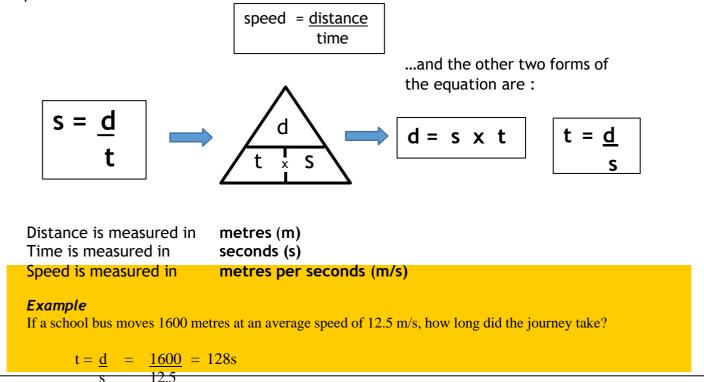
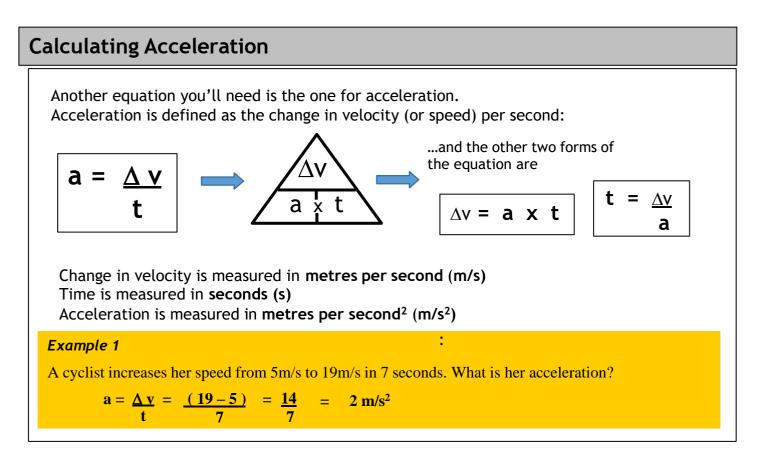
GCSE PHYSICS (Double Award) **YEAR 11**

Unit 6.1 - Distance, Speed & Acceleration

Calculating Speed

Speed is defined as the distance moved per unit time, and hence, the equation for speed is :





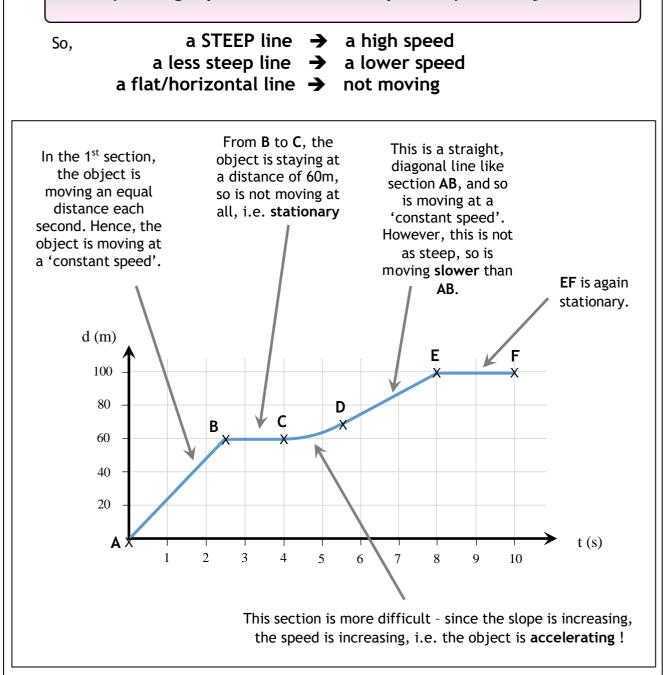
Motion graphs

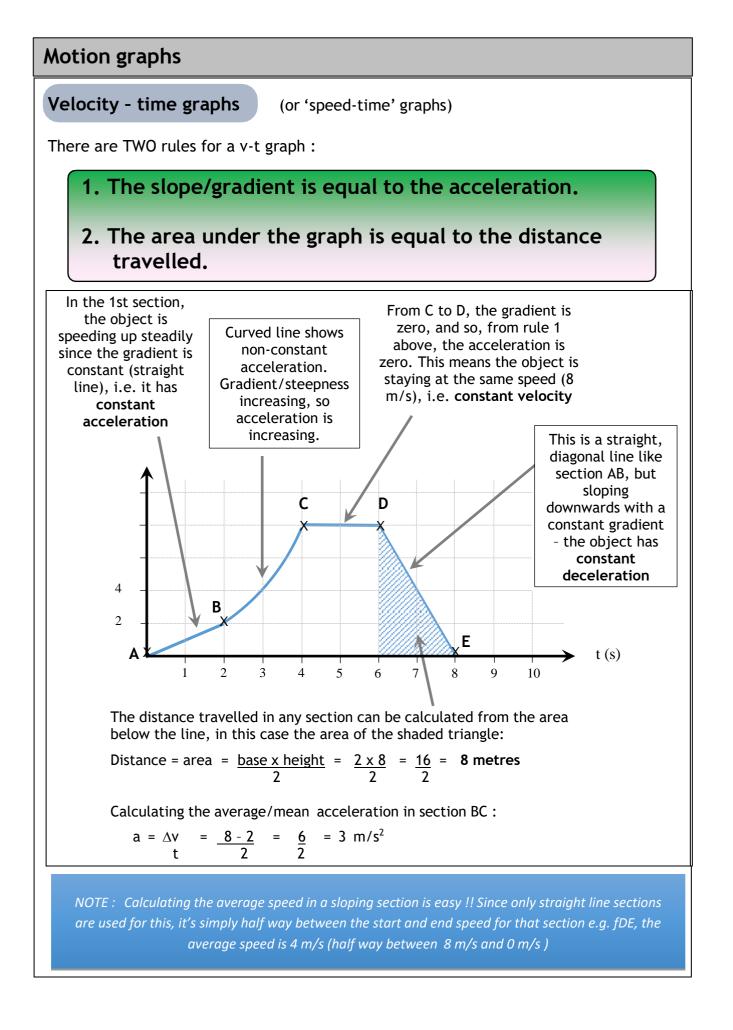
The motion of an object can be shown on one of two types of graphs : distance-time or velocity-time graphs (sometimes called speed-time graphs).

Distance - time graphs

There's ONE rule for a d-t graph :

The 'steepness' (or more correctly 'slope' or 'gradient') of this graph indicates the speed of the object.





Stopping distance & Car Safety

Many road accidents happen because people often underestimate the distance needed to slow a car until it stops - **the stopping distance**. The stopping distance is in two distinct parts :

	Stopping distanc	e	= Thinking distance + Braking distance			
Thinking distance =		=	the distance travelled whilst reacting to a situation (before the driver applies the brakes)			
Braking distance =		=	the distance travelled whilst the brakes are applies (car is slowing down)			

Reaction time is closely linked to thinking distance as follows :

Thinking distance = speed x reaction time $(d = s \times t)$

So, although a person's reaction time is not much affected by speed, the thinking distance is – look at these calculations at two different speed, 20 m/s, and 40 m/s, with a typical reaction time of 0.4 s:

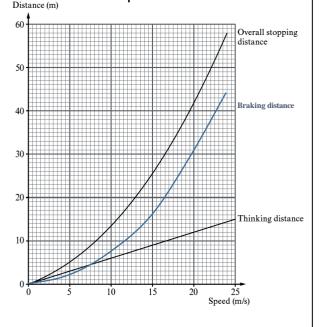
@ 20 m/s	Thinking distance	= 20 × 0.4	=	8m
@ 40 m/s	Thinking distance	= 40 × 0.4	=	16m

So, thinking distance is directly proportional to the vehicle's speed.

Braking distance also increases with the vehicle's speed. However, they're not proportional (see the blue line on the graph \rightarrow).

(In fact, doubling the vehicle's speed quadruples the braking distance, since the speed is squared in the KE equation).

To find the overall stopping distance at a particular speed, just add the thinking distance and the braking distance values at that speed.



6.2 - Newton's laws (Forces)

Forces

A force is a **push** or a **pull** acting on an object. There are many different types of force, e.g. friction, air-resistance, weight, upthrust, **but they are always measured in newtons, or N.**



Sir Isaac Newton came up with three laws of motion, all of which describe the effect that forces have on things.

Before looking at these three laws, it's necessary to understand the term 'resultant force' first.

Resultant force

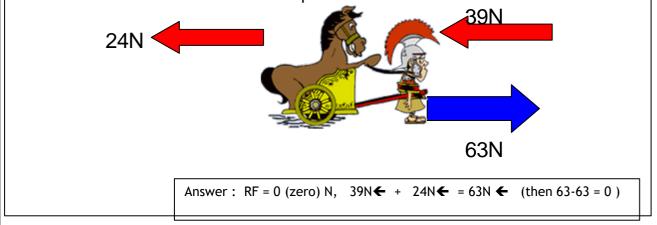
Usually, more than one force is acting on an object, like in the 'tug-of-war' below. In order to work out the effect of these forces on the object, we need to calculate what's known as '**resultant force**'.



Remember that all forces have a direction, unless of course they're zero. If forces act in the same direction \rightarrow add; if opposite \leftarrow subtract.

In the above example, the resultant force , RF = 490 - 450 = $40N \leftarrow$

What's the **resultant** force in the example below ?



Newton's laws

Newton's 1st law

A body will remain at rest or continue to move at a constant velocity unless acted upon by an external (resultant) force.

In effect, this is like saying that if the forces are balanced, the object will remain stationary or keep moving at a constant velocity.

Newton's 2nd law

In situations where the **mass** is constant, Newton's 2nd law can be simplified:

$$F = \underline{\Delta (mv)}_{t} = m \underline{\Delta v}_{t} = m x a$$

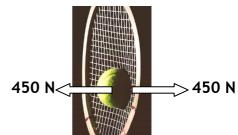
So, the acceleration is directly proportional to the resultant force. If the resultant force doubles, the acceleration doubles.

Where F = resultant force, m = mass, and a = acceleration

Newton's 3rd law

In an interaction between 2 bodies, A and B, the force exerted by body A on body B is equal and opposite to the force exerted by body B on body A.

No force can act alone. Remember that the action/reaction pair of forces are **always** on different objects, and so **never** 'cancel' out ! The racquet pushes the ball **forwards** with a



The racquet pushes the ball **forwards** with a force of 450N. Therefore, by Newton's 3rd law, the ball pushes the racquet **backwards** with an equal force.

F = ma

Note : one force is on the racquet, the other on the ball, so they don't 'cancel'.

The effect of these **two resultant forces** is that both objects **accelerate** in opposite directions.

Mass & Weight

Mass is a measure of how much 'matter' or material an object has. It's measured in kg. Weight is a measure of how large the force of gravity is on an object. It is measured in **N**.

Clearly, mass and weight are not the same !!

Mass does NOT depend on the location of the object, i.e. consider a 1 litre bottle of water - it has a mass of 1kg. If this bottle were taken to the surface of Mars, its **mass** would still be 1kg (as long as no water is taken out of the bottle !).

However, since there's less gravity on Mars, the **weight** of the bottle is less on Mars than here on Earth.

Since weight is a type of force, we can apply the force equation to calculate it :

$$W = m.g$$

where W = weight = 'force of gravity

m = mass

g = gravitational field strength / acceleration due to gravity

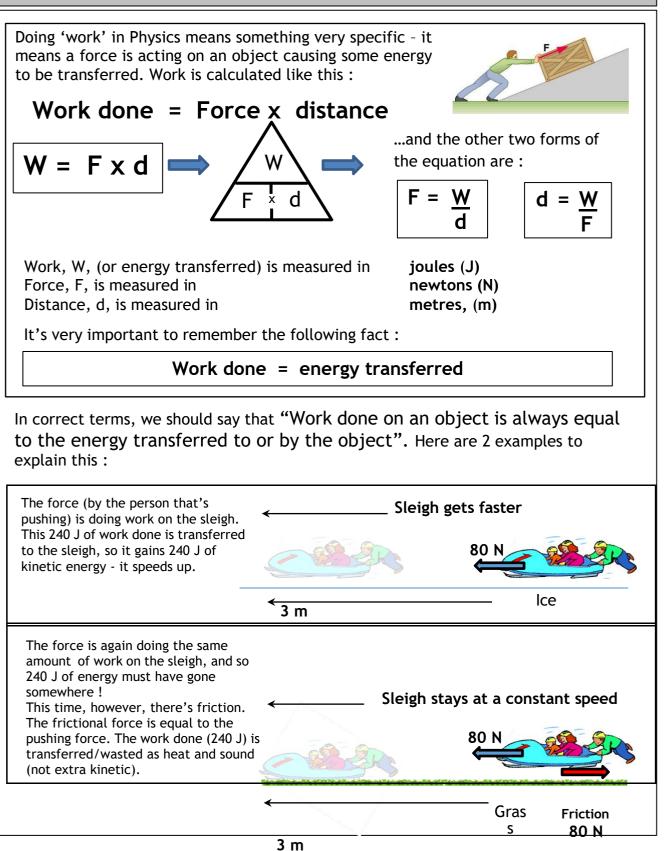
Here on the Earth's surface the value of 'g' is 10 N/kg. You will have to learn this equation, as it does not appear in the equation list at the start of the examination paper!

W = m X 10

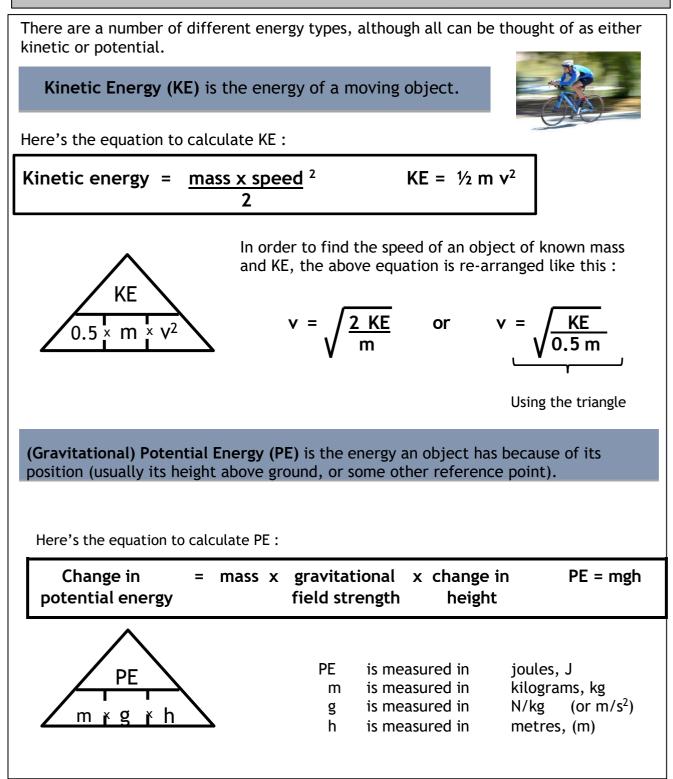
ExampleThrust = 75NA water rocket of mass 2.5kg is launched from the surface of the Earth. It
produces a steady thrust of 75N. Calculate the acceleration at the start.Thrust = 75NWeight of rocket , W = m x g = 2.5 x 10 = 25 NSo, resultant force on the rocket = 75 - 25 = 50N (个)Image: the start of the

6.3 - Work done & Energy

Work Done



Work Done & Energy transfers (Higher Only)



Work Done & Energy transfers

The **law of conservation of energy** states that energy can't be created or destroyed, only transferred from one form to another.

Hence, when an object, e.g. a ball, falls towards the ground, its gravitational potential energy (PE) decreases as it is transferred into kinetic energy (KE).



However, for all everyday situations, friction and air-resistance tend to act on moving objects, which change some of the energy into heat & sound. This is why a bouncing ball can never bounce back to the same height - some of its energy changes to heat and sound, mainly each time it strikes the floor, but also almost continuously by air-resistance.

For objects falling downwards

 $PE_{loss} = KE_{gain} + W$

For objects thrown upwards

 $KE_{loss} = PE_{gain} + W$

where W = work done by air-resistance and/or friction

Notice that the above are both 'conservation of energy' word equations. If the exam. question says that air-resistance and friction can be ignored, then just write one of the above word equation without the 'work done', 'W'.

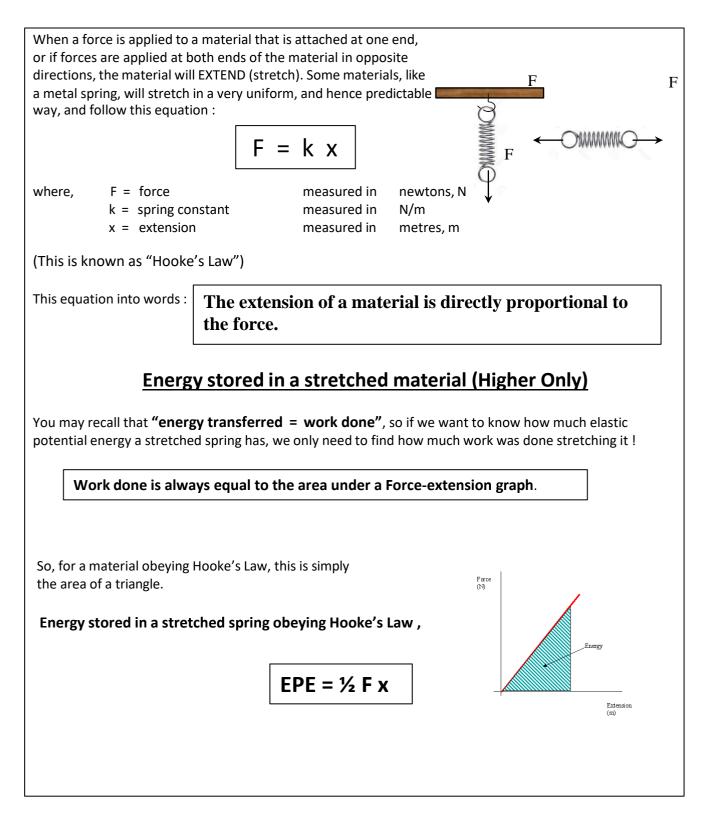
Also, remember that if there is some energy lost from the moving object through frictional forces, i.e. 'W' is NOT zero, then you can also use this equation for work done :

Work = Force x distance

 $W = F \times d$

Stretching materials

Hooke's Law



Feature	What it is	How it works
Seat belt	A strong belt strapped around the body	Prevents the person being thrown forwards in a crash
Crumple zone	A section that deforms/compresses on impact	Decreases the deceleration, and so the force
Airbag	A bag that inflates rapidly in front of the person during a crash	Acts as a cushion to prevent the head of the passenger from hitting the front/side of the inside of the car
Side-impact	Strong bars inside the car doors	Strengthens the doors to better protect the passengers from another car hitting from the side
Passenger cell	A rigid cage around the passengers	Protects the passengers from impacts in all directions, but especially from a collapsing roof (when the car's upside-down)

There are many safety features in modern cars/vehicles

Car manufacturers intentionally crash cars with dummies inside to assess the effectiveness of various safety features.

The idea behind crumple zones and airbags is to reduce the **force** on passengers during a crash.

Since Force = $\frac{work \ done}{distance}$, if you increase the distance over which the energy is transferred, it will reduce the force.

Improving the efficiency of vehicles.

Feature	Picture	How it works.
Aerodynamic losses		Cars are designed to reduce aerodynamic losses by using more streamlined designs. This allows the car to move through the air as easily as possible.
Rolling resistance		Rolling resistance is reduced by having correctly inflated tyres and using materials which don't heat up as much as they are squashed.
Idling losses	E STATE	Stop-start systems reduce idling losses. If the car is stopped in traffic the engine shuts down automatically and then re- starts automatically when the accelerator is pressed
Inertial losses		Inertial losses are reduced by having lighter cars. Materials such as carbon fibre are used instead of metals for parts of the bodywork.

6.4 - Stars and planets

The Solar System.

The planets all move in an orbit around the Sun. The order of the planets is: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus and Neptune, (Pluto is a 'dwarf planet').

Mercury, Venus, Earth and Mars are rocky planets, the rest are gas giants. Most of the planets have moons which are in orbit around them. Saturn and Jupiter have the greatest number of moons because they have the strongest gravitational pull.

Asteroids are lumps of rock which are in orbit around the Sun but are too small to be called planets. The asteroid belt is located between Mars and Jupiter and contains a number of dwarf planets. Ceres is largest of these with a diameter of 587 miles

Comets are lumps of ice and dust which are in a highly elliptical orbit around the Sun. They travel very far out of our solar system and take a number of years to return closer to the Sun. Halley's Comet is one of the most famous, it has an orbital period of about 75 years.

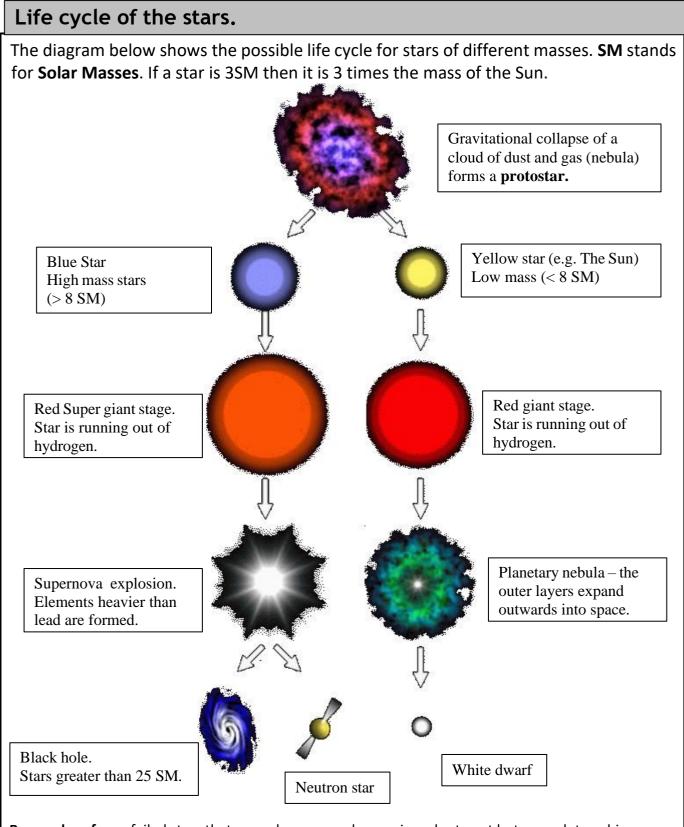
Scale and distances in space.

Astronomical Unit (AU): The mean distance from the centre of the Earth to the centre of the Sun.

$$1AU = 1.496 \times 10^{11} m$$

The light year (l-y): the distance light travels in one year.

 $1 l-y = 9.46 \times 10^{15} m$



Brown dwarfs are failed stars that never have enough mass in order to get hot enough to achieve nuclear fusion.

Red dwarf stars: these are low mass stars that **do** achieve nuclear fusion. They are not very bright and have very long lifetimes. They are main sequence stars.

Forces within a star.

There are 2 forces at acting inside a star.

- 1. Inward force of gravity
- 2. Outward: combination of gas and radiation

pressure.

Gas pressure: caused by rapid random motion of particles in the sun.

Radiation pressure: caused by light hitting the particles.

For most of the life of a star it is in a stable state in which the inward force of gravity on any part of the star

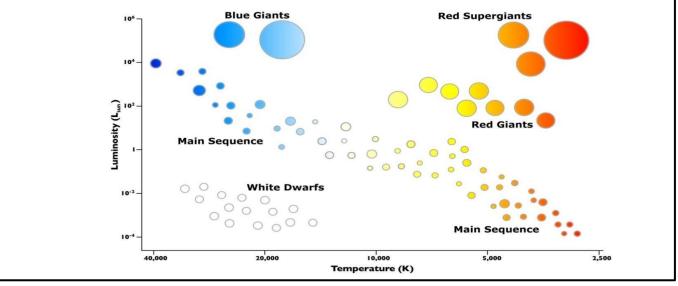
is balanced (equal) by a force due to the increasing pressure towards the centre.

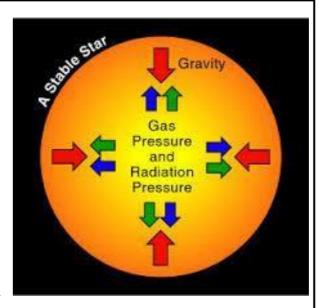
If the pressure in the middle *falls*, this will cause a star to *shrink* – this will cause the pressure to rise once more until a new equilibrium is established with the smaller core. If the pressure increases, the star will *expand*.

Main sequence stars (Higher Only).

Main sequence stars fuse *hydrogen* to *helium* in their cores.

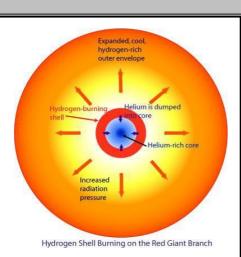
The colour of a star depends upon the temperature of the star. Our sun is a yellow star which is one of the most common type. Surface temperature is 5800°C. Stable lifetime is around 10,000 million years. The diagram below is a Hertzsprung-Russell diagram. In general, where a star is on the diagram relates to which stage of its life cycle it's currently in.





End of main sequence stage.

Once a star has exhausted (run out) of its supply of hydrogen the temperature of the star's core will decrease as nuclear fusion ceases. This means that the gravitational force is greater than the gas and radiation pressure causing the core to shrink. Fusion of helium will then soon start in the core as the temperature increases due to gravitational collapse, once again resulting in an increase in gas and radiation pressure. The fusion reactions are now much more 'fierce' than before (higher temp.), and so the increased gas and radiation pressure causes the star's outer layers to expand – the star is now a **red giant.**



At the end of the main sequence stage of our Sun the:

- Light elements (Hydrogen and Helium) fuse in the centre
- Centre is exhausted of light elements nuclear reactions stop, causing pressure to drop
- Star nucleus shrinks, making density and temperature go up, allowing heavier elements to fuse
- Meanwhile the lighter elements continue fusing in a shell around the nucleus
- Stars like the Sun never reach sufficient temperatures to fuse elements heavier than oxygen
- The outer layers of the star are pushed off by the radiation pressure of the core enriching the interstellar medium with heavier elements.
- A very dense core remains known as a white dwarf (1 teaspoon has a mass of 5 tons).

Useful website http://aspire.cosmic-ray.org/Labs/StarLife/

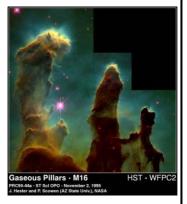
A new beginning !

All the material from a supernova mixes up with interstellar dust and gas. The shockwave from a supernova can also 'kickstart' the collapse of a nebula. The effect then is that the dust and gas in a nebula (now enriched with heavier elements from the supernova) contracts over time.

As the nebula (or part of it) contracts, the 'gravitational collapse' converts gravitational potential energy into kinetic energy, i.e. the dust and gas becomes hotter and hotter.

Eventually the temperature at the heart of the nebula reaches a sufficiently high temperature and density for fusion to start – a star is born !

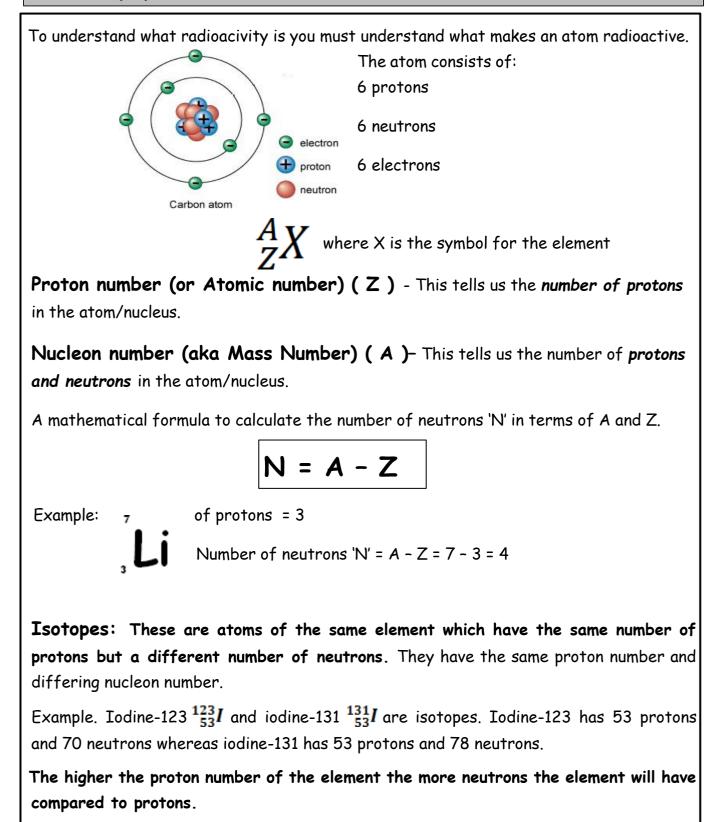
During formation rocks tended to gather close to the Sun and formed the rocky planets whilst gaseous substances gathered together at distances further away and formed the gas planets.

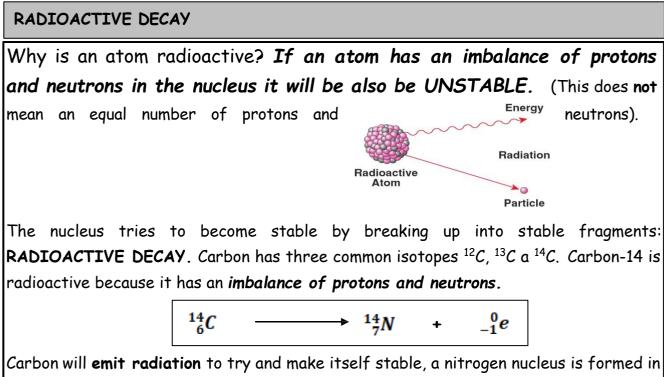


M16 : AKA "The eagle nebula – pillars of creation".

Unit 6.5 - Types of radiation

Nuclear physics.

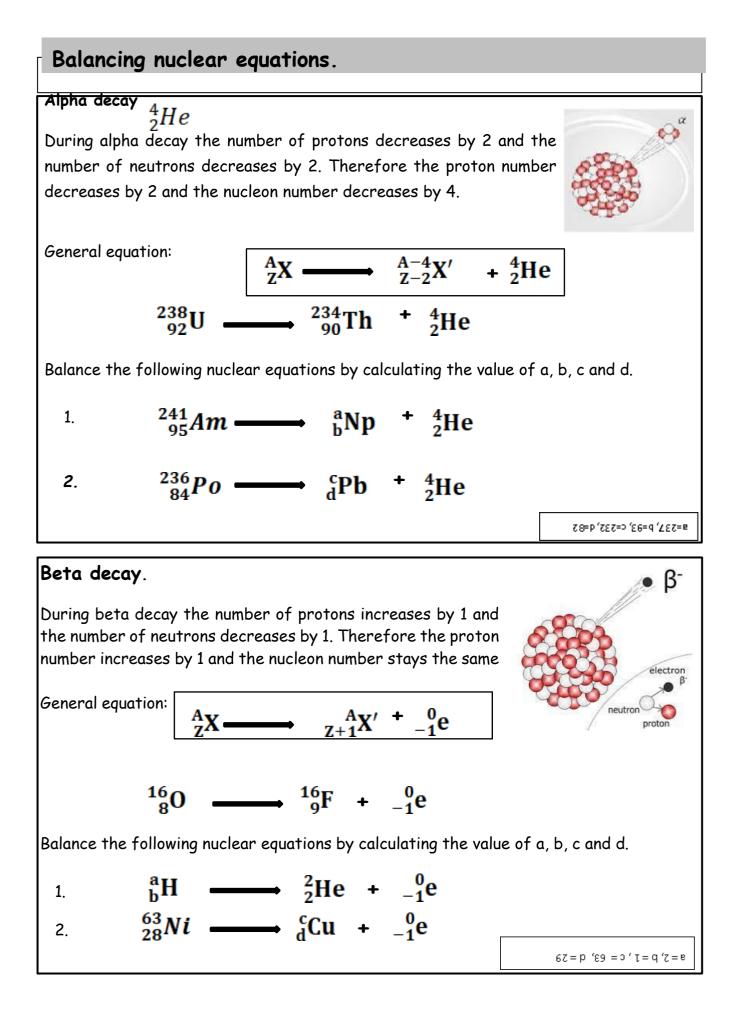




the process. This process is called **RADIOACTIVE DECAY**.

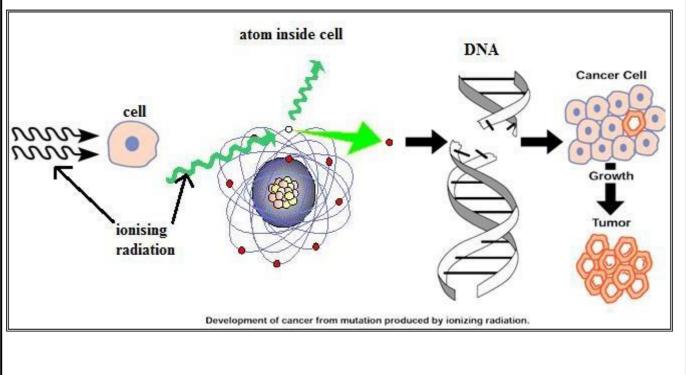
Information	Alpha (α)	Beta (ß)	Gamma (y)
Symbol	⁴ ₂ He	$_{-1}^{0}e$	γ
What is it?	A helium nucleus (2 protons and 2 neutrons).	Fast moving/ high energy electron.	High energy electromagnetic wave.
What can stop it? Penetrating power.	Thin sheet of paper, skin or few cm of air	Few mm of aluminium or up to a metre of air.	Several cm of lead or very thick concrete.
Ionising power	Very high – most damaging inside the body.	Medium	Low (compared with alpha and beta). Easily passes through the body.

There are 3 types of radiation emitted from the nucleus.



lonising radiation.

lonising:- some particles and electromagnetic waves (both are radiation) have enough energy to rip electrons away from atoms and molecules. Ions are formed which can interact with cells in the body and *damage DNA/cells*. This damage can lead to the formation of cancer.

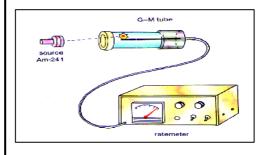


Ionising radiation include: alpha, beta, gamma, x-rays and ultraviolet. *Non-ionising*

radiation: visible light, infrared, microwave and radio waves. **Radioactive decay:**

Some atoms are unstable and so we say that they are

radioactive. They try to become stable emitting alpha, beta or gamma radiation. The process of atoms undergoing radioactive decay is totally **random** and **spontaneous**. There is no way of telling **when** or **which** atom will decay in a radioactive material.

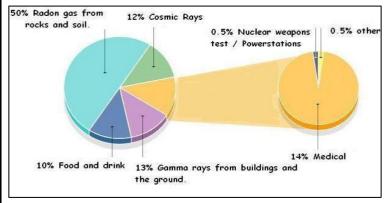


A Geiger counter can be used to measure the ionising radiation. To gain greater accuracy when measuring radioactive decay we must do 2 things:

- 1. Repeat the experiment and calculate the average.
- 2. Carry out the experiment over a longer period of time.

Background radiation.

Background radiation: background radiation is all around as radioactive atoms emit alpha, beta and gamma radiation. Most of the background radiation comes from natural sources. The pie chart shows the sources of background radiation.



<u>Natural sources</u>: Radon, Cosmic radiation (from space), radon, rocks, food and buildings. Background radiation varies with altitude as at higher altitudes there will be more cosmic radiation.

Artificial sources: medical and nuclear industry.

Correcting for background : If the background count was 30 counts per minute (30 count/minute) then if we are measuring the activity of a radioactive source we must *subtract* the background count rate. If the count rate was therefore measured to be 150 count/minute what is the count rate from the radiation source?

Radiation from **source only** = 150 - 30 = 120 (total) (background) (radiation from source)

Determining the type of radiation emitted by a radioactive source

Example question: Various materials are placed between the Geiger tube and the radioactive material. The following information is recorded about the radioactive material. The count rate has *not been corrected* for background.

	No absorber	Paper absorber	Sheet of aluminium	20cm of lead
Count rate detected (counts/s)	250	50	50	0.5

Question: determine the type and amount of each radiation emitted by the radioactive material.

 1^{st} **point:** the count drops from 250 to 50 with a shielding of paper. This indicates the presence of alpha radiation. Count rate alpha = 250 - 50 = 200 count/s.

2nd point: placing aluminium in front has no effect so there's no beta present.

 3^{rd} point: the lead decreases the count/s so must be gamma radiation present. Count rate gamma = 50 – 0.5 = 49.5 count/s.

4th **point**: Background count = 0.5 count/s. All (almost) gamma radiation should be stopped by 20cm of lead.

Summary: alpha = 200 count/s, beta = 0 count/s, gamma = 49.5 count/s, background = 0.5 count/s

Unit 6.6 : Half-life

There are billions upon billions of atoms in a small amount of a radioactive sample so the chance that one atom will undergo decay is high.

Is it possible to determine **which** radioactive nuclei/atom will decay next in the sample? No, because the process is **random.** Is it possible to determine when the next radioactive nuclei will decay? No, because the process is **spontaneous.** Since its random and spontaneous process we can get more accurate information/results by:



1. Repeating.

2. Measuring over a long time.

Radioactive atoms

The half life.

Each half life the number of unstable atoms halves. The half life remains constant.



The half life is the time it takes for the activity to halve from its original value.

8

Actvity. The activity is a measure of number of radioactive decays per second. It is measured in **becquerel, Bq.** So an activity of 1 becquerel is equivalent to 1 radioactive decay per second. The activity of a sample of radioactive material will depend on 2 things:

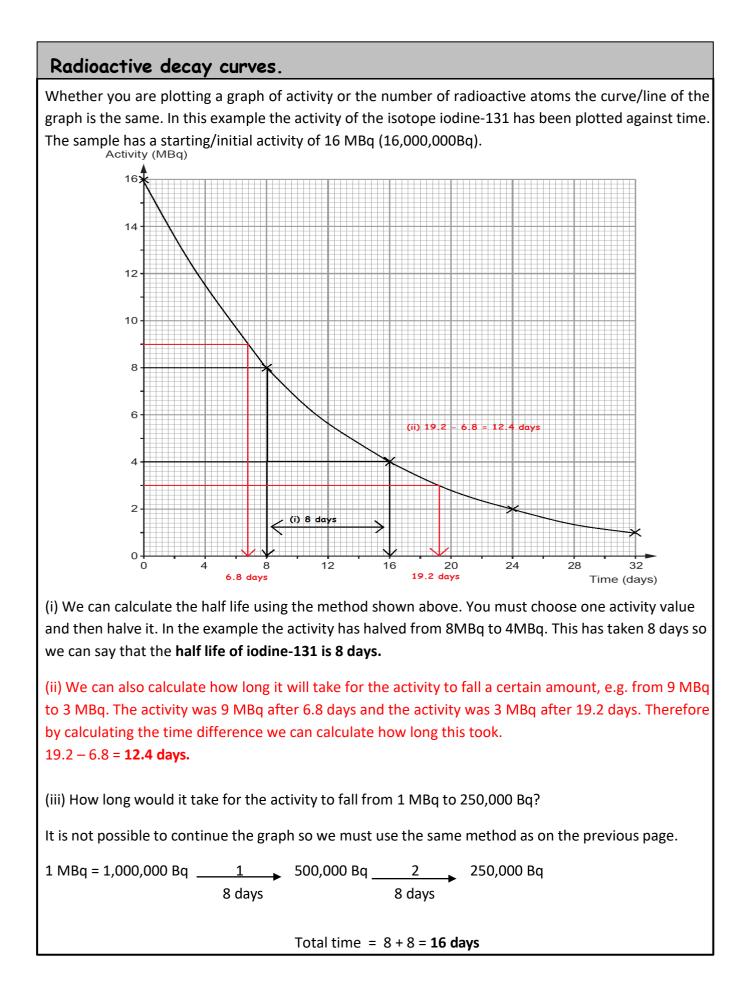
1. The number of radioactive/unstable atoms present.

2. The half life of the atoms.

The more atoms present the greater the activity. The shorter the half life the greater the activity.

Example. A radioactive isotope has an activity of 6400Bq.The half life of the isotope is 8 hours. What is its activity after 32 hours?





Uses of radioactive materials

There are many uses of radioactive materials; carbon dating, sterilising medical equipment, killing cancer cells, smoke alarms and controlling the thickness of aluminium foil.

What is required is that you can select from a given list and explain which isotope is suitable for use in a specific case. Consider: 1. **Penetrating power.** 2. Half life. 3. Biological effect.

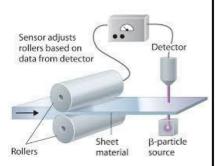
In this case we will choose one of the isotopes for a particular use and explain our reasoning.

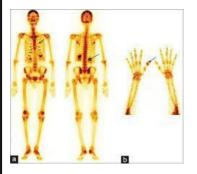
Example of radioactive isotope. The half life given in brackets ()				
Gamma – γ	Beta _1 ⁰ e	Alpha ⁴ ₂ He		
Technetium-99 (6.01hrs)	Iridium-192 (74 days)	Polonium-210 (138days)		
Cobalt-60 (5.27 yrs)	Strontium-90 (28.5 yrs)	Americium-241 (432 yrs)		
	Carbon-14 (5730yrs)	Plutonium-238 (87.7 yrs)		

(a) Monitoring the thickness of aluminium sheet in a factory.

Isotope chosen : Strontium – 90 (beta emitter).

Reason: because **fewer** beta particles will pass through when the thickness of aluminium increases. The half life is fairly long so the source will last a reasonable amount of time.





(b) Medical tracer in monitoring internal organs by using a camera outside the body.

Isotope chosen: Technetium-99 (γ – emitter)

Reason: because it's a gamma emitter, it passes out of the body easily. The half life is short so it will not remain in the body for a long time.

(c) A smoke detector.

Isotope chosen: Americium-241 (alpha emitter)

Reason: Gamma more penetrating than alpha so it would not be blocked by smoke. It has a longer half life so detector stays active / keeps working for a longer period of time. (Polonium-210 has too short a half life so it would not last very long and therefore it's not suitable).

